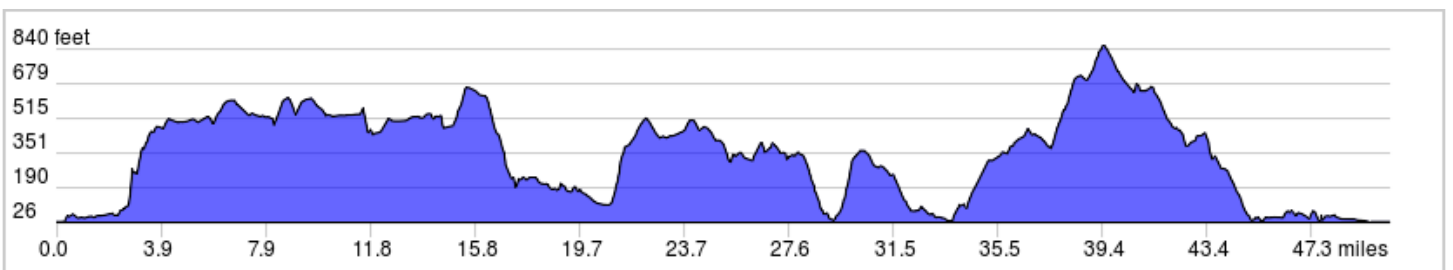
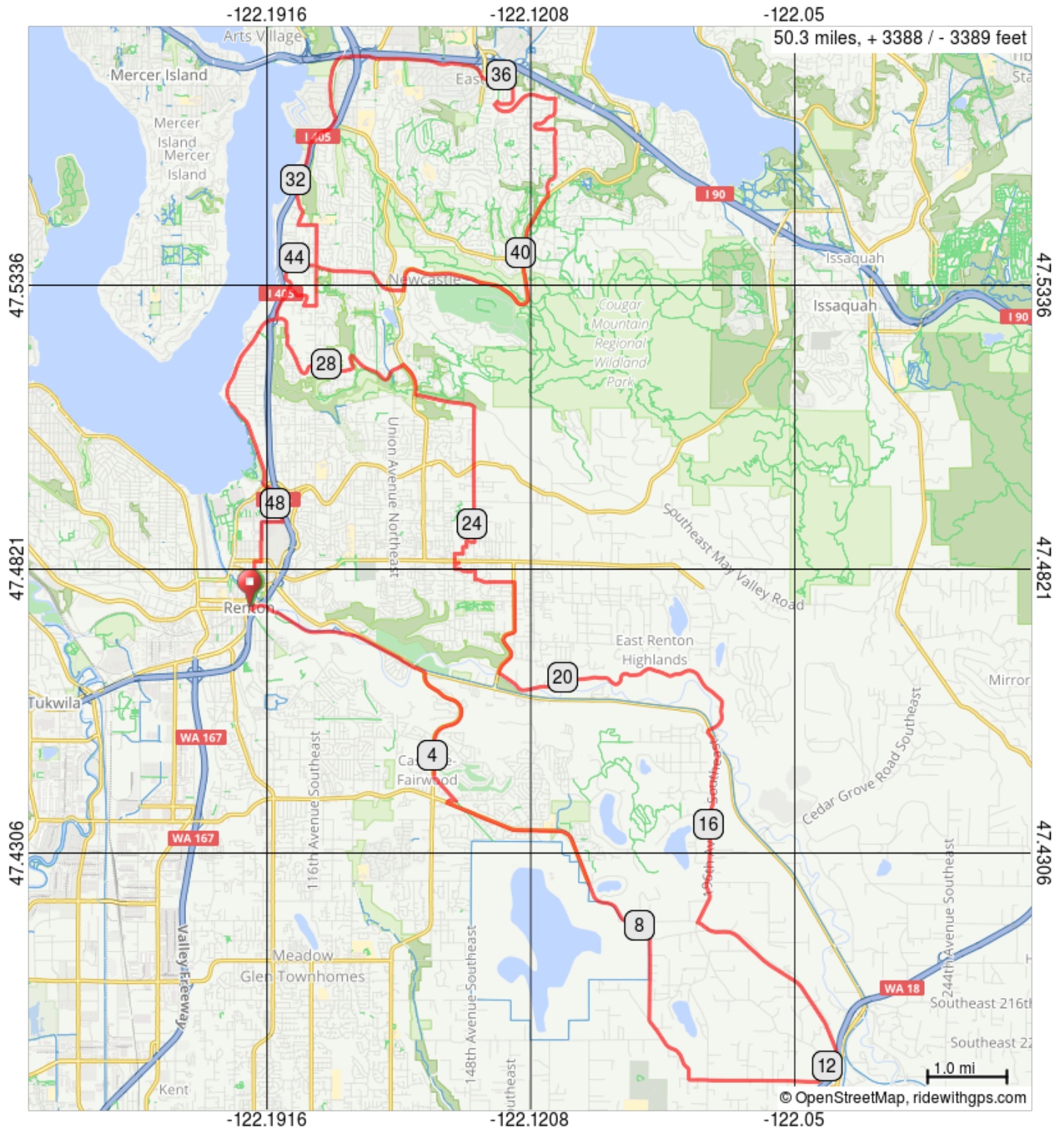


# Fall Cycling/CHEW South #11 2017



Fall Cycling/CHEW South #11 2017

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	▶	Start of route	0.0
2.	0.0	0.0	←	L toward Mill Ave S	0.0
3.	0.0	0.0	←	L onto Mill Ave S	0.1
4.	0.1	0.1	←	L onto S 3rd St	0.0
5.	0.1	0.0	←	L onto Cedar River- Trail Road	0.1
6.	0.2	0.1	←	Slight L onto Cedar River Trail/Cedar River Trail Walk -- 10 MPH limit until Ron Regis Park	2.2
7.	2.4	2.2	←	L toward SE Renton Maple Valley Rd- path to road	0.0
8.	2.4	0.0	➔	R onto SE Renton Maple Valley Rd	0.1
9.	2.5	0.1	➔	R onto 140th Way SE-light	1.6
10.	4.1	1.6	➔	Regroup-library on R	0.1
11.	4.2	0.1	←	L onto SE 171st Way-Light	0.4
12.	4.7	0.4	➔	Sharp R onto SE 176th St-SS	0.1
13.	4.7	0.1	↑	OPTIONAL RESTROOM BREAK - McDonalds on R - Advisable to use	0.1
14.	4.8	0.1	←	L onto SE Petrovitsky Rd-light	3.1
15.	7.9	3.1	➔	R onto SE Lake Youngs Rd	0.2
16.	8.1	0.2	➔	R onto 184th Ave SE	1.1
17.	9.2	1.1	←	Slight L onto Peter Grubb Rd SE	0.9
18.	10.1	0.9	←	Slight L onto SE 232nd St	1.6
19.	11.8	1.6	←	L onto SE Petrovitsky Rd	3.0
20.	14.7	3.0	➔	R onto 196th Ave SE	2.5
21.	17.3	2.5	↑	Continue onto SE Jones Rd	3.6
22.	20.9	3.6	➔	R onto 154th PI SE-SS	0.5
23.	21.4	0.5	↑	Continue onto SE 142nd PI, 156th	0.2
24.	21.6	0.2	←	Cement blocks ahead on shoulder	0.6
25.	22.2	0.6	←	L onto SE 132nd St- 1 block past Renton Community church	0.3
26.	22.5	0.3	↑	Becomes NE 2nd St	0.2
27.	22.7	0.2	➔	R onto 148th Ave SE/Nile Ave NE-Garmin says 148th, sign says Nile-T	0.1
28.	22.8	0.1	←	L onto NE 3rd St-1st L	0.3
29.	23.1	0.3	➔	R onto Jericho Ave NE-garmin says 144th, sign says Jeriko-SS	0.0
30.	23.2	0.0	➔	RESTSTOP - R, Chucks Doughnuts	0.1
31.	23.3	0.1	➔	Leaving reststop - R onto Jeriko, cross NE 4th st	0.1
32.	23.4	0.1	➔	R onto NE 4th Ct-1st st. after light-after food stop	0.1
33.	23.5	0.1	←	L onto Kitsap Ave NE-1st L	0.1
34.	23.6	0.1	➔	Kitsap Ave NE turns R and becomes NE 5th PI-road barrier	0.0
35.	23.6	0.0	←	L onto Lyons PI NE-T	0.1
36.	23.7	0.1	➔	R onto NE 6th S-T	0.1

23.7 miles. +1667/-1233 feet

Num	Dist	Prev	Type	Note	Next
37.	23.8	0.1	←	L onto 148th Ave SE/Nile Ave NE-2nd L-garmin says 148th, sign says Nile	1.7
38.	25.5	1.7	←	L onto SE May Valley Rd-T	0.8
39.	26.2	0.8	→	R onto Coal Creek Pkwy SE-Hill-T	0.4
40.	26.7	0.4	←	L onto SE May Creek Park Dr-1st light	1.3
41.	28.0	1.3	↑	Continue on SE 88th St	0.3
42.	28.2	0.3	↑	Continue on May Creek Park Dr - becomes Monterey PL NE	0.3
43.	28.6	0.3	↑	Continue onto Monterey PI NE, Lincoln, 110th, 44th	0.6
44.	29.2	0.6	→	R onto Lake Washington Blvd NE-Light b-4 405	0.3
45.	29.5	0.3	→	Guard rail on left- sign says 73rd, gamin 51st. Pot holes, gravel, retain space	0.1
46.	29.6	0.1	→	R onto NE 51st St/SE 73rd Way - CAUTION STEEP -UPHILL-3rd st. on right-10-12%	0.2
47.	29.9	0.2	↑	Continue onto 114th Ave SE	0.1
48.	30.0	0.1	←	L onto SE 76th St-T	0.2
49.	30.2	0.2	←	L onto 116th Ave SE-3 way stop on hill	1.0
50.	31.2	1.0	←	L onto SE 60th St	0.2
51.	31.4	0.2	→	R onto Lake Washington Blvd SE	0.6
52.	32.0	0.6	→	R to stay on Lake Washington Blvd SE	0.5
53.	32.5	0.5	→	R toward Newport Key-Trail	0.7
54.	33.2	0.7	→	R onto Newport Key	0.0
55.	33.2	0.0	←	L onto Lake Washington Blvd SE	0.6
56.	33.8	0.6	→	Slight R onto I-90 Trail/Mountains to Sound Greenway Trail- at I-90	0.5
57.	34.3	0.5	↑	Hill-regroup after 146th at circular driveway	0.0
58.	34.3	0.0	↑	Use cross walk to continue straight to 36th	0.1
59.	34.4	0.1	→	RESTSTOP - QFC on R	1.2
60.	35.6	1.2	→	Regroup	0.1
61.	35.6	0.1	↑	Continue onto SE 38th St	0.0
62.	35.7	0.0	↑	Be in middle lane to go through light past Chevron on L	0.4
63.	36.1	0.4	↑	Continue onto 156th Ave SE, 42nd	0.5
64.	36.6	0.5	←	L onto 153rd Ave SE-T	0.1
65.	36.6	0.1	←	L onto SE Newport Way	0.9
66.	37.5	0.9	→	R onto 164th Ave SE	0.5
67.	38.1	0.5	↑	Continue onto SE 44th Way	0.2
68.	38.3	0.2	↑	Continue onto 164th Ave SE	0.8
69.	39.1	0.8	→	R onto Lakemont Blvd SE-T	1.0
70.	40.1	1.0	←	RESTROOM - Lewis Creek Park on L	1.1
71.	41.2	1.1	↑	Continue onto SE 68th St/SE Newcastle Coal Creek Rd/Newcastle Golf Club Rd	1.9

17.5 miles. +1468/-1323 feet

Num	Dist	Prev	Type	Note	Next
72.	43.1	1.9	➡	R onto Newcastle Way-4 way stop	0.2
73.	43.3	0.2	⬆	Caution of cars coming from and into Safeway	0.1
74.	43.4	0.1	⬆	Road narrows-caution	0.8
75.	44.3	0.8	⬆	Straight through 4 way stop	0.3
76.	44.6	0.3	➡	Slight R onto 112th Ave SE	0.2
77.	44.8	0.2	⬅	L onto Lake Washington Blvd SE-Shell-caution on dwn hill-take lane	1.0
78.	45.9	1.0	➡	R onto NE 44th St	0.0
79.	45.9	0.0	⬆	BAD RD-pot holes-retain space	0.2
80.	46.1	0.2	⬆	Continue onto Lake Washington Blvd N	2.2
81.	48.3	2.2	☐	Caution-tracks!	0.0
82.	48.3	0.0	⬅	L onto Houser Way N	0.5
83.	48.9	0.5	➡	R at N 8th St	0.5
84.	49.4	0.5	⬅	L onto Garden Ave N	0.3
85.	49.6	0.3	➡	R onto N 4th St	0.1
86.	49.7	0.1	⬅	L onto Park Ave N	0.4
87.	50.1	0.4	➡	R onto Bronson Way N-light and quick L	0.1
88.	50.2	0.1	⬅	L onto Mill Ave S	0.1
89.	50.3	0.1	⬆	What a ride!	0.0
90.	50.3	0.0	🏁	End of route	0.0

9.0 miles. +157/-567 feet